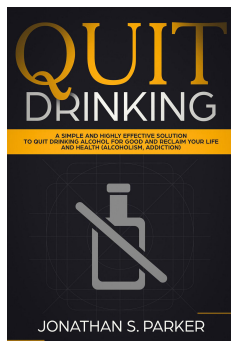


# CLIPPINGSTAR.COM Ebook and Manual Reference

## QUIT DRINKING A SIMPLE AND HIGHLY EFFECTIVE SOLUTION TO QUIT DRINKING ALCOHOL FOR GOOD AND RECLAIM YOUR LIFE AND HEALTH EBOOKS 2019



Author: Jonathan S. Parker

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Have you ever wondered how different your life would be if you stopped drinking for good? Do you have an urge to grab a drink sometimes? Addiction to alcohol is a very serious disease. It can tear families apart, lead to financial struggles, or even cause premature death. Here's some of what you can expect to learn inside the pages of this book: Discover the real psychology behind why people drink. A step-by-step recovery method with options for every type of lifestyle and personality. Learn the keys to getting back in track if you ever fall from the wagon and simple tricks to make your mind forget about alcohol for good. Fool proof lifestyle changes that will have a big impact over your alcohol consumption. And much more! With lack of help and resources, it can be near impossible for some people to recover from alcohol addiction and return to a normal, happy, and healthy life. This book provides research-based, valuable info for anyone who excessively drinks. It provides information to build a new, healthier life, one without the dominating presence of an alcohol dependency. There is no better time to start the journey towards an improved quality of life. Start your journey towards becoming a 'social ninja' today!

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