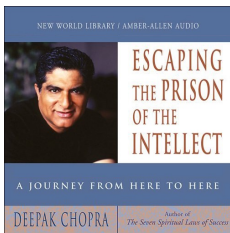


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ESCAPING THE PRISON OF THE INTELLECT A JOURNEY FROM HERE TO HERE ORIGINAL STAGING NONFICTION EBOOKS 2019



Author: Deepak Chopra

Release Date: Expected @@expectedReleaseDate@@

This recording shows why Deepak Chopra is considered one of the great pioneers in the field of mind-body medicine. Here he offers compelling answers to the eternal questions of identity, origin, and meaning. His premise is that people make the mistake of relying on their senses to define their experience of reality. This limits their interactions and makes them prisoners, out of touch with realities that lie beyond the material world. He explains that there is no difference between observer and observed; it is all one shared experience. Realizing this truth, Deepak says, frees people from their sensory-created prison to experience a more nurturing and fulfilling life.

The author's calm, uplifting voice gives these ideas heft and power, and the relaxed guitar interludes woven into the recording provide a pause for listeners to contemplate more deeply. Deepak expands the discussion by citing such luminaries as T. S. Eliot, Nietzsche, Rumi, Tagore, and Patanjali, as well as citing scientific experiments and spiritual texts. This recording shows why Deepak Chopra is considered one of the great pioneers in the field of mind-body medicine....

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